

Monday: Freedom from sin

**Loving Lord, break the chains of sin
and set us free to follow you.**

Long my imprisoned spirit lay,
Fast bound in sin and nature's night;
Thine eye diffused a quickening ray—
I woke, the dungeon flamed with light;
My chains fell off, my heart was free,
I rose, went forth, and followed Thee.
Charles Wesley

Christ our Saviour, we struggle to break free
from the bonds of sin and selfishness.
Loose their hold, through your atoning love,
that we may follow you.

Through Christ Jesus the law of the Spirit
who gives life has set you free from the law of
sin and death. *Romans 8:2*

**When Christ makes us free we are free
indeed. Praise be to God. Amen**

Tuesday: Imprisonment

**Loving Lord, break the chains of crime
which bind both culprit and victim.**

Lord, you offer freedom to all people:
We pray for those in prison.
Break the bonds of fear
and isolation that exist.

Support with your love prisoners
and their families and friends;
prison staff and all who care.

Heal those who have been wounded
by the activities of others,
especially the victims of crime.

**Help us to forgive one another.
To act justly, love mercy
and walk humbly together with Christ
in His strength and in His Spirit,
now and every day.
Amen**

www.prisonsworld.org

The Lord is merciful, compassionate, patient,
and always ready to forgive.
Psalms 145:8

**When Christ makes us free
we are free indeed.
Praise be to God. Amen**

Wednesday: Mothers' Union prisons work

**Loving Lord, break the chains of troubles
for families torn apart.**

We pray for the work of Mothers' Union
to help those in prison and their families.

Bless our efforts to support the families
to cope with the challenges they face.
Give us favour with authority
for access to those who need our care.

**Renew and strengthen us to work together
for a free and just society; to grow your
kingdom on earth. Amen**

"When did we see you sick or in prison and care
for you?" The King will answer, "I tell you the
truth. Anything you did for any of my people
here, you also did for me." *Matthew 25:39-40 (ICB)*

**When Christ makes us free we are free
indeed. Praise be to God. Amen**

Thursday: Freedom from captivity

**Loving Lord,
break the chains of captivity
over body, mind and soul.**

Proclaim your words of freedom
to those enslaved by oppression.
**Lord, break the chains that bind,
and set the captives free.**

Send your Spirit of freedom
to those enslaved by fear.
**Lord, break the chains that bind,
and set the captives free.**

Impart your power of freedom
to those enslaved by addiction.
**Lord, break the chains that bind,
and set the captives free.**

Reveal your way of freedom
to those enslaved by adversity.
**Lord, break the chains that bind,
and set the captives free.**

He has sent me to proclaim
that captives will be released...
that the oppressed will be set free.
Luke 4:18

**When Christ makes us free we are free
indeed. Praise be to God. Amen**

Friday: Freedom in Christ

**Loving Lord, break the chains of legalism
and set us free to walk in grace.**

Amazing grace!

We are set free from the shame of sin
and clothed in righteousness.

**All praise to our Redeemer;
all glory to his name.**

We are set free from failing God
and share in the victory of Christ.

**All praise to our Redeemer;
all glory to his name.**

We are set free from the fear of death.
and given fullness of life.

**All praise to our Redeemer;
all glory to his name.**

Christ has set us free! This means we are really
free. Now hold on to your freedom and don't ever
become slaves of the Law again. *Galatians 5:1 (CEV)*

**When Christ makes us free we are free
indeed. Praise be to God. Amen**

Saturday: Freedom from poverty

**Loving Lord, break the chains of poverty
that all the world may flourish.**

**God of compassion, your eyes are
turned to the poor and needy.**

Turn our gaze to see the need around us.
Give us a vision of an equal world
where poverty has no place.

**God of justice,
your face is set against poverty.**

Shake us out of our comfort.
Challenge us to counter injustice whatever the
cost to ourselves.

**Envision us to act and pray.
Inspire us to work for a future hope
of fullness of life for all. Amen**

I know that the Lord secures justice for the poor
and upholds the cause of the needy. *Psalms 140:12*

**When Christ makes us free we are free
indeed. Praise be to God. Amen**

Wave of Prayer for Mothers' Union

Lord, we pray for Mothers' Union worldwide.

1-3 Nzara in South Sudan; North Kigezi in
Uganda; Kivu in Rwanda; Damataru in Nigeria;
Auckland in New Zealand and Vanuatu and New
Caledonia in Vanuatu

4 Mothers' Union worldwide

5 – 7 Mbhashe in South Africa; Kitgum in
Uganda; Ukwa & Ilesa South-West in Nigeria;
Tasmania in Australia and Central Melanesia in
Solomon Islands

8 – 10 Ethiopia; Zanzibar in Tanzania;
Awgu/Aninri in Nigeria; Freetown in Sierra
Leone; Monmouth in Wales and Malaita in
Solomon Islands

11 Mothers' Union worldwide

12 – 14 Ezo in South Sudan; Thika in Kenya;
Jos & Akoko in Nigeria; in Europe and União de
Mulheres Episcopais Anglicanas do Brasil
(UMEAB) in Brazil

15 – 17 Terekeka in South Sudan; Nairobi in
Kenya; Maiduguri & Osun North in Nigeria;
Edinburgh in Scotland and Calcutta in India

18 Mothers' Union worldwide

19 – 21 High Veld in South Africa; Nambale in
Kenya; Niger-Delta in Nigeria; Guinea; Blackburn
in England and Bhopal in India

22 – 24 Kimberley and Kuruman in South
Africa; Kitui in Kenya; Kano & Kwara in Nigeria;
Armidale in Australia and Myitkyina in Myanmar

25 Mothers' Union worldwide

26 – 28 Malakal in South Sudan; All Saints
Cathedral in Kenya; Kontagora & Osun North
East in Nigeria; Glasgow & Galloway in Scotland
and Pune in India

29 – 31 Luapula in Zambia; Nakuru in Kenya;
South Rwenzori in Uganda; Ibadan-
North in Nigeria; Connor in All Ireland
and Pusan in South Korea

Final Blessing

**Let us go into the world
in the power of the Spirit
to bring hope of freedom
through the love of Christ.
Amen**