

safety to all children. Help us never to be comfortable until we have sought out the little ones who suffer pain. *Pray for Nyahururu (Kenya) The Rt Revd Stephen Kabora; Birmingham (England) The Rt Revd David Andrew Urquhart (Anglican Cycle of Prayer)*

THURSDAY 30-Mary and Martha of Bethany

Lord Jesus Christ, you call us to be born again, that we may have a child-like confidence in God's parenting care: make us mindful of the blessing that children are to us all and arouse in us a respect for the gifts they offer and the rights they deserve, and use us to protect and provide for those who are at risk. *Pray for Nzara (South Sudan) The Rt Revd Richard Bbikoyesu Aquilla; Blackburn (England) The Rt Revd Julian Tudor Henderson; Bo (Sierra Leone) (West Africa) The Rt Revd Solomon Leonard Scott-Manga (Anglican Cycle of Prayer)*

FRIDAY 31

We bring before God all lonely people, especially those who are within the homes for the aged, those who are isolated from their families and friends, due to the Covid lockdown We pray that friends and neighbours may be enabled to reach them, and lift them out of their loneliness and bring them comfort and hope. *Pray for Missionary District of Oeste-Brasil (Brazil) The Most Revd Naudal Alves Gomes (Primate); Boga (Congo) The Rt Revd Mugenyi William Bahemuka; Port Elizabeth (Southern Africa) The Rt Revd Edward Ronald Daniels (Anglican Cycle of Prayer)*

The Archdeaconry of Blue Downs to submit their prayers by 6 July

PRAYERS FOR PARISHES AND PEOPLE OF THE DIOCESE OF FALSE BAY

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PRAYERS AND INTERCESSIONS FOR THE PEOPLE AND PARISHES OF THE DIOCESE OF FALSE BAY

JULY 2020

PRAYER THOUGHT FOR THE MONTH:

I praise You, Lord, for Your unfailing love and sustaining grace that protects and upholds me at all times.

ARCHDEACONRY OF HELDERBERG

**Due to Covid 19 and lockdown conditions, the Diocesan Diary has not been included.
Please consult your own diaries should the lockdown levels change**

WEDNESDAY 1

Loving Father, we place in your gentle hands those who are infected by the Corona virus. Ease their pain and heal the damage done to them in body, mind and spirit. Be present with them through the support of their relatives, friends, doctors, nurses and carers. We pray for our hospitals, hospices, care centres and for all those who hold positions of authority in allocating resources and planning services. We pray for all scientists and researchers and those who work for charities, for volunteers and fund raisers. We pray for those whose life on earth is almost at an end; may they be filled with your peace. We pray for those we love but see no longer; they are safe with you where there is no sorrow or pain and we remain united with them in the love of Christ. *Pray for North Eastern Caribbean & Aruba (West Indies) The Rt Revd L. Errol Brooks; Attooch (South Sudan) The Rt Revd Moses Anur Ayom (Anglican Cycle of Prayer)*

THURSDAY 2

ST LUKE'S, EERSTE RIVER

Please pray for St Luke's Eerste River, Revd Margaret Heyns and her family, Church Wardens, Councillors and the congregation and their loved-ones during this difficult time of Covid-19 which was never experienced before. We are going through the various stages of Levels of lockdown and many of our families have to experience the effects caused by the Pandemic. Many have and are still going through the process of being in quarantine, isolation and hospitalization, away from their loved ones and some passing away alone. Pray for God's continued grace upon the people, as retrenchments and un-employment escalate and food security and screenings happen and as people go back to work and others have to wait for Level 1 in order to be back at work again. It is a very trying time, yet we thank God for His daily mercies on our lives. *Pray for North Karamoja (Uganda) The Rt Revd James Nasak; Auckland (Aotearoa NZ & Polynesia) The Rt Revd Ross Bay; Magwi (South Sudan) The Rt Revd Ogeno Charles Opoka (Anglican Cycle of Prayer)*

FRIDAY 3-ST THOMAS

Christ Jesus, help us, like your apostle Thomas, to be honest enough to admit our doubts and not to affect a faith we do not possess; and enable us, like him, to experience your living presence and power that our doubts may be dissolved and our trust in you grow daily. *Pray for North Kigezi (Uganda) The Rt Revd Benon Magezi; Aweil (South Sudan) The Rt Revd Abraham Yel Nhial (Anglican Cycle of Prayer)*

SATURDAY 4

We pray for all those in local and national government and for those who hold positions of authority in providing health care. As they allocate resources and plan services please grant them the wisdom, strength and compassion to ensure that everyone has access, without delay, to the best treatment and care. May they not forget the needs of families and carers and the importance of funding research to find a cure. Bless them Lord in their work and sustain them in the responsibilities they bear. *Pray for North Mbale (Uganda) The Rt Revd Samuel Gidudu; Awerial (South Sudan) The Rt Revd David Akau Kuol Mayom; Kadugli & Nuba Mountains (Sudan) The Rt Revd Andudu Adam Elnail (Anglican Cycle of Prayer)*

SUNDAY 5-FIFTH SUNDAY AFTER PENTECOST

Lord Jesus Christ, as you have called the Church out of the world to bring the world to yourself, so we pray for your Church in this Diocese and the Anglican Church of Southern Africa; that all may worship you with a singleness of mind; that all may hold the faith in sincerity and love, and all may witness for you with courage and assurance, for the glory of your name. *Pray for the united Church of Pakistan; The Most Revd Humphrey Peters - Bishop of Peshawar & Moderator of the Church of Pakistan (Anglican Cycle of Prayer)*

MONDAY 6-Thomas More, Martyr, 1535

PARISH OF ALL SAINTS SOMERSET WEST:

Give thanks to God for the People of God in the Parish of All Saints with its Rector, Canon Ronald Phillips. Pray for the support clergy: Revd. Virginia Mackhails, Bishop Philip Le Feuvre, Revd. Anthony Castleden, Revd. Loraine von Willingh and Revd. Wilfred Maritz. As the Lockdown continues, please pray for all our Parishioners as they seek to nurture a new sense of what it means to be 'church' in their homes. Remember especially the many senior persons in various Homes for Aged Folk around Somerset West: **Robari, Bridgewater Manor, Vonke, Silver Oaks, Huis Marie Louw, Helderberg Village, Camelot, Ebenezer** and others – many Seniors have not been permitted any physical contact with their Families since Lockdown began. Thanks be to God that due to this severe restriction, the rate of COVID infections in the Senior Homes has been minimal. Pray for the Day Clinics, Hospitals and Hospice in Somerset West: Hottentots Holland Hospital [currently filled to capacity with COVID patients] and the other private Clinics: Busamed and Vergelegen. Remember the amazing Staff at these medical facilities – their commitment to the work of healing, despite the potential danger to themselves and their own Families. Pray for a deepening in the worship and prayer life of all parishioners as we continue into Levels 2 & 1 of the Lockdown. Pray also for God's blessings on the Outreach Ministry of the parish: the soup and breakfast kitchens, the grocery-packing teams, the mask-making teams and the children's winter woollies project. Remember the many families where Loved Ones have lost their jobs, especially where Breadwinners are unemployed. *Pray for North Queensland (Australia) The Rt Dr Keith Ronald Joseph; Awgu / Aninri (Nigeria) The Rt Revd Emmaunuel Ugwu; Kaduna (Nigeria) The Rt Revd Timothy Yahaya (Anglican Cycle of Prayer)*

TUESDAY 7

We give thanks for the fellowship of the Holy Spirit which unites us in the bond of peace as members of one body. We ask for a deepening of our communion with one another in Christ. We pray and give thanks for the gift of human friendship, for the joy and enrichment it brings in our lives.

We pray for the homeless and destitute, the needy and the deprived at this time of extreme cold and wet winter weather. We especially entrust to God's protection children on the farms who have to walk long distances to bus stops, schools etc. We pray for all farm workers and their households during this period of pruning fruit trees, as they are exposed to the wet and icy conditions on the lands and orchards where they work and live. We give thanks to God for the numerous soup kitchens running within our Diocese and for the many that sustain them. *Pray for Norwich (England) The Rt Revd Graham James; Bhopal (North India) The Rt Revd Manoj Charan; Kapoeta (South Sudan) The Rt Revd Isaac Deu Chol (Diocesan Bishop) (Anglican Cycle of Prayer)*

SUNDAY 26-EIGHTH SUNDAY AFTER PENTECOST

Heavenly Father, we pray for Archbishop Thabo, for Bishop Margaret and for all the Bishops who would have gathered in Canterbury, Kent for the Lambeth Conference. Give them the grace they need to fulfil your charge; pour into their hearts a true love for the people committed to their care; and so guide and govern them by the Holy Spirit that all they do may be for the welfare of your Church.

MONDAY 27

ST PAUL'S, FAURE

During this pandemic, we give thanks for the faithfulness and understanding of our congregation. We thank God for their continued support of the parish both in their pledging and contributions to our feeding scheme. As more of our congregation fall victim to the virus, we pray for God's healing hand upon them and his arms of comfort around them. We pray for the many people who have lost their employment due to the pandemic and those on reduced salaries, may they not be embarrassed to accept the charity of those around them and may God's guidance assist them in adjusting their life styles to accommodate their new circumstances. We all owe a deep debt of gratitude to all those working on the front line, not only the doctors, nurses and community health workers, but shop assistants, petrol attendants and the many other people putting their health at risk to serve us. May God give us the grace to show our appreciation for their dedication and to value them for the services they afford us. As our attention is drawn to systemic racism, may we be ever mindful that prejudice takes on many forms not only black and white but xenophobia, homophobia, gender, class and many more. Help us to become aware of our prejudices and cleanse us from them. In the many frustrations caused by the pandemic, may God sustain us and fill our hearts with hope for a better future. *Pray for Nova Scotia & Prince Edward Island (Canada) The Most Revd Ronald Wayne Cutler; Bida (Nigeria) The Rt Revd Jonah Kolo; Karachi (Pakistan) The Rt Revd Sadiq Daniel (Anglican Cycle of Prayer)*

TUESDAY 28

Creator God, forgive our moments of ingratitude, the spiritual blindness that prevents us from appreciating the wonder that is this world, the endless cycle of nature, of life and death and re-birth. Forgive us for taking without giving, reaping without sowing. Open our eyes to see; our lips to praise; our hands to share and may our feet tread lightly on the road. *Pray for Nsukka (Nigeria) The Rt Revd Aloysius Agbo; Biharamulo (Tanzania) The Rt Revd Yusuph Vithalis; Karamoja (Uganda) The Rt Revd Joseph Abura (Anglican Cycle of Prayer)*

WEDNESDAY 29-William Wilberforce, Philanthropist, 1833

We pray for our world in which there are so many damaged lives and fragmented families. Especially this week we pray for children entrusted into the care of adults who betray their trust. In their vulnerability and innocence, guard your children and grant them your protection. We pray for professionals engaged in the work of caring for children, that they would always be diligent and careful. May they be wise in recognising signs of abuse and neglect. Give to organisations and charities involved in meeting the needs of children, a constant commitment to providing

distance during this lockdown, may we never forget that God is always with us. Pray for all Clergy all over the world bringing the Word through social media. Pray that all of us adhere to the rules of this lockdown to prevent contact and spread of the virus. We also remember those affected and the families of those who died in this time. Pray for our Senior citizens who are most at risk for the virus. *Pray for Northern Uganda (Uganda) The Rt Revd Johnson Gakumba; Bauchi (Nigeria) The Rt Revd Musa Tula; Kansas (The Episcopal Church) The Rt Revd Cathleen Bascom (Anglican Cycle of Prayer)*

TUESDAY 21

We pray for the suffering people of Africa, forced to live amid deterioration, disease and despair. We raise our voices on their behalf, as truth-tellers we want to proclaim 'This is not good, it is not how God desires our world to be'. Loving Father, look after the people of this sad but beautiful land, Care for the little ones, Comfort the dying, and into this hour of darkness may the light of your new dawn begin to shine. Amen. *Pray for Northern Zambia (Central Africa) The Most Revd Albert Chama (Primate); Belize (West Indies) The Rt Revd Philip Wright; Kanyakumari (South India) The Rt Revd Dr A R Chelliah (Anglican Cycle of Prayer)*

WEDNESDAY 22-ST MARY MAGDALENE

We give thanks that God uses the humble and meek to lead us into His world. We pray therefore for women to be released as leaders in church and society. As we celebrate this day dedicated to Mary, we give thanks for the grace of humility and the spirit of loving obedience shown to us in her life. May we, like her, always be responsive to your word and submissive to your will, that we may serve you with compassionate hearts and pure minds, to the glory of your name. *Pray for Northwest Ankole (Uganda) The Rt Revd Amos Magezi; Bendigo (Australia) The Rt Revd Matt Brain (Anglican Cycle of Prayer)*

THURSDAY 23

ST MICHAEL AND ALL ANGELS, HARARE

The Parish of St Michael and All Angels in Harare, although we lost a MU member due to the COVID 19 Virus, we are greatly thankful to God that members of the Church are still faithful to our God, and are full of hope that with the mercies of God, even this era is going to pass. Our prayers are that God may protect our children and teachers from this pandemic as they have resumed their classes, especially Grades 7 and 12. We humbly ask that God, by His mercies, may put an end to this situation that we find ourselves in. We pray for all the leaders in our Church, not forgetting our Lay Ministers as they pay visits to the bereaved families, under very threatening circumstances. *Pray for Northwest Texas (The Episcopal Church) The Rt Revd Scott Mayer; Benin (Nigeria) The Rt Revd Peter Imasuen (Diocesan Bishop); Bermuda (Bermuda) The Rt Revd Nicholas Dill (Anglican Cycle of Prayer)*

FRIDAY 24

Lord, we pray for the power to be gentle; the strength to be forgiving; the patience to be understanding; and the endurance to accept the consequences of holding to what we believe to be right. May we put our trust in the power of good to overcome evil and the power of love to overcome hatred. We pray for the vision to see and the faith to believe in a world emancipated from violence, a new world where fear shall no longer lead people to commit injustice, nor selfishness make them bring suffering to others. Help us to devote our whole life, thought and energy to the task of making peace, praying always for the inspiration and the power to fulfil the destiny for which we and all people were created. *Pray for Northwestern Pennsylvania (The Episcopal Church) The Rt Revd Sean Rowe; Bethlehem (The Episcopal Church) The Rt Revd Kevin Nichols (Anglican Cycle of Prayer)*

SATURDAY 25-ST JAMES

Pray for North West Australia (Australia) The Rt Revd Gary Nelson; Awka (Nigeria) The Rt Revd Alexander Ibezim; Kafanchan (Nigeria) The Rt Revd Marcus Dogo (Anglican Cycle of Prayer)

WEDNESDAY 8

CHAPELRY OF ST. MATTHEW, SIR LOWRY'S PASS:

Give thanks to God for the Congregation at Sir Lowry's Pass, situated in an Area with high unemployment and school drop-out rates. Pray for Sir Lowry Pass Primary School, its Principal, Mr. De Morney and the many young people who have to travel out of the Area for their high schooling. Remember especially young people who are currently preparing for their matric exams.

VERGELEGEN FARM:

Pray and give thanks to God for parishioners living and working on the farm at Vergelegen which remains in Lockdown. Pray for all Workers on all the farms in the confines of the parish, that they may be treated with utmost respect and dignity.

DIOCESAN OFFICE:

Pray for the Diocesan Office located on the property of All Saints. Pray for Bishop Margaret and the Diocesan Staff, viz: Revd. Pieter Lourens the Diocesan Administrator, the Social Development Team under the leadership of Charmaine. Pray also for the various Diocesan Boards, Committees and Councils. *Pray for Northern Argentina (South America) The Rt Revd Nicholas James Quested Drayson; Awori (Nigeria) The Rt Revd J Akin Atere (Anglican Cycle of Prayer)*

THURSDAY 9

Lord, look in mercy on those who are in the grip of drugs. Release them from the captivity into which their own actions have brought them; give them the will to accept a cure where such is possible; and restore to them the possibility of a new life, through the grace and power of our Lord. *Pray for Northern California (The Episcopal Church) The Rt Revd Barry Beisner; Badagry (Nigeria) The Rt Revd Joseph Adeyemi; Ballarat (Australia) The Rt Revd Garry Weatherill (Anglican Cycle of Prayer)*

FRIDAY 10

ST JOHN'S, RUSTHOF

Almighty God, we thank you for a beautiful rain. We pray for those who do not have shelter in this cold and wet weather. Lord, we pray for those who are affected and infected by the Covid 19 pandemic. We thank you for those who have recovered. We also bring to your throne of grace those who mourn the loss of their loved ones, that they may find comfort in you. We pray for your Church and those who serve in it during this challenging time, that they may continue to be sources of hope to all. We continue to give thanks for the ministry of our Rector, Revd Luleka Nyhila and we pray for her and her family. Lord hear us. *Pray for Northern Indiana (The Episcopal Church) The Rt Revd Douglas Sparks; Bangor (Wales) The Rt Revd Andrew John (Anglican Cycle of Prayer)*

SATURDAY 11-Benedict of Monte Cassino, Religious, c.540

We pray for all Religious communities, for all who have followed the saints in the ways of poverty and simplicity. We pray for God's blessings on their communities, their worship and their service; for an increase in the numbers who heed God's call. *Pray for Northern Luzon (Philippines) The Rt Revd Hilary Ayban Pasikan; Banks & Torres (Melanesia) The Rt Revd Alfred Patterson Worek; Kagera (Tanzania) The Rt Revd Darlington Bendankeha (Anglican Cycle of Prayer)*

SUNDAY 12-SIXTH SUNDAY AFTER PENTECOST

Special Day of Prayer: Mission to all Seafarers

Almighty and Eternal God, Maker of Heaven and Earth, Creator of the oceans, hear our prayer for all those who serve in the Naval, Merchant and Fishing Fleets. Preserve them from the dangers of rock and tempest, fire and foe; we pray that they may reach in safety the harbor to which they voyage. We pray too for those who serve in lighthouses and for the people of the coastguard, lifeboat and other rescue services. We thank You for the many lives they have saved through their faithful and courageous service. Finally, we would pray for seamen's Chaplains; may they encourage seafarers to know that, whatever the storms of life, Jesus is always with them, even as He was with His disciples in the storm of the Sea of Galilee. *Pray for the Anglican Church of Papua New Guinea; The Most Revd Allan Migi - Archbishop of Papua New Guinea (Anglican Cycle of Prayer)*

MONDAY 13

ST FRANCIS, MANDELA PARK

We thank God for the guidance of Revd. Martha Sam and the support of her family, for the Wardens and our Parish Councillors in leading and guiding the Parish in this difficult time of Lockdown. We pray for our schools as they are gradually reopening' we pray for our Educators and Learners who are full of fear and uncertainty. We thank God that many have opened their hearts to the needs of the Community, and we continue to pray for all those who are infected and affected by the Corona Virus and that a vaccine may soon be found. We pray for the Khayelitsha District hospital and all its staff as they have seen a rise in Covid 19 infections. We pray for a better way to be found for how social grants are paid so that our elderly will not be at risk of infections especially in this cold winter. *Pray for Kajiado (Kenya) The Rt Revd Gadiel Katanga Lenini; Kajo-Keji (South Sudan) The Rt Revd Emmanuel Murye Modi; Kamango (Congo) The Rt Revd Sabiti Tibafa Daniel (Anglican Cycle of Prayer)*

TUESDAY 14

Look in compassion, O God, upon all seafarers who, by reason of being infected with the Corona virus or accident, are at this time in quarantine, hospitals, many in places far from their home, their families and their friends. Give Your wisdom to doctors and nurses and to all who minister to the sick, and by Your blessing on their service, grant healing and restoration to those who suffer. We ask these things for the sake of Him who is the Good physician, our Lord Jesus Christ. *Pray for Northern Malawi (Central Africa) The Rt Revd Fanuel Emmanuel Magangani; Barbados (West Indies) Michael Maxwell; Kampala (Uganda) The Most Revd Dr Stephen Samuel Kaziimba (Primate) (Anglican Cycle of Prayer)*

WEDNESDAY 15

ST. PETER'S, KHAYELITSHA

We pray for the people of St. Peter's during this time of lockdown, as we find our way through the challenges facing us right now, but we also give thanks for all the joys and blessings we have experienced at this time. We pray especially for all the families who have lost their loved ones during the Lockdown and could not properly mourn and grieve due to restrictions. We give thanks to God, for all initiatives to alleviate the plight of the poor and needy in our community, especially the food distribution ministry and soup kitchen, and give thanks to God for the generosity of God's people. We pray for Khayelitsha as it grapples with the Covid 19 pandemic and as they are highly challenged adhering to the self-isolation and quarantine in spaces that make these practices impossible. We especially pray for all Health care workers working in this area as they are burdened by the pandemic and lack of resources. We pray for all schools who are opening and pray for safety of our children and educators. We give thanks that during lockdown we are able to use the internet to keep connected with each other in so many ways, but we pray for those who have no internet access, or insufficient data, that other ways will be found to ease their isolation. We continue to thank God for the ministry of the clergy in this parish church, Fr Lundi Joko and Revd Nonceba Mduyvelwa, and we

pray for them and their families. *Pray for Northern Mexico (Mexico) The Most Revd Francisco Moreno (Primate); Bari (Nigeria) The Rt Revd Idris Zubairu (Anglican Cycle of Prayer)*

THURSDAY 16

We bring before you today those who devote their lives to research into the Corona virus and in trying to find a vaccine. Help them to do their work successfully and to share their knowledge to the benefit of all who wish to see the ravages of this terrible disease ended. Be with them at all times to guide and strengthen them in their constant search for the knowledge that will finally see an end to the suffering and heartache caused by this virus. *Pray for Northern Michigan (The Episcopal Church) The Rt Revd Rayford Ray; Barisal (Bangladesh) The Rt Revd Shourabh Pholia; Barrackpore (North India) The Rt Revd Paritosh Canning (Anglican Cycle of Prayer)*

FRIDAY 17

ST ANDREW'S STRAND

God of Love, we the people of the Diocese of False Bay turn to you with prayerful hearts and with confidence in your loving presence among us now and in every moment of our lives. We stand before you as a people of hope, trusting in your care and protection. May we be comforted by your love in these anxious times. Today we intercede for our Rector, Father Ningi and his precious family. We pray for the congregations of St Andrew's, Strand, St Mary's, Lwandle and the community of St Michael and all Angels, Zola. We continue to keep in prayer, all who have been affected by the Corona virus on their lives. Give to us, we pray, a profound sense of creative community, as we care for each other, especially those who are most vulnerable. During this time when we cannot physically wrap our arms around each other, Let us yet find ways to be the loving embrace of God to our neighbours. Amen. *Pray for Northern Philippines (Philippines) The Rt Revd Brent Alawas; Bath & Wells (England) The Rt Revd Peter Hancock (Anglican Cycle of Prayer)*

SATURDAY 18-Nelson Mandela Day, recognized by the UN.

Help us, O Lord, to understand what your will is in the confusion and unrest of our times. Give us insight to distinguish between the signs of your Spirit demanding change and renewal, and the signs of human greed and lust for power; that we may be your fellow workers in creating an order of society which acknowledges your sovereign power and might; through Jesus Christ our Lord. *Pray for Northern Territory, The (Australia) The Rt Revd Dr Greg Anderson; Bathurst (Australia) The Rt Revd Mark Calder; Kano (Nigeria) The Rt Revd Zakka Nyam (Anglican Cycle of Prayer)*

SUNDAY 19-SEVENTH SUNDAY AFTER PENTECOST

Loving and Faithful God, through the ages, you have nourished your people who have come to You for guidance. Lead and direct us in our present journey, that we may discern the way ahead. By Your Spirit, help us to preserve the best of what we are, enable us to let go all that hinders our love of You, and strengthen us as a community to minister with eagerness of heart and will. Mercifully grant that the leadership of the Church may be strengthened and guided to help one another to grow into the full stature of Christ. We pray in the name of Jesus Christ, who is our Way, our truth and our Life. Amen. *Pray for the Episcopal Church in the Philippines; The Most Revd Joel Atiwag Pachao - Prime Bishop of the Philippines (Anglican Cycle of Prayer)*

MONDAY 20

ST JOSEPH'S, MACASSER

We give thanks to God for the life of our Parish here in Macassar. Pray for Gods mercy and blessings for all our people. Pray for our Priest in Charge, Revd Conville Prins, and the leadership in our Church, especially as we are in this difficult time of Covid 19. As we have social