

**August Wave of Prayer for Mothers’
Union Lord, we pray for Mothers’
Union worldwide. 2, 9 , 16, 23, 30 and
for the people and work of:**

- 1** Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in Nigeria; Carlisle in England and Melbourne in Australia
- 3- 5** Juba in South Sudan; Kitale in Kenya; Minna & Lagos in Nigeria; Moray, Ross & Caithness in Scotland and Madurai-Ramnad in India
- 6–8** Northern Malawi in Malawi; Eldoret in Kenya; Ngbo & Akure in Nigeria; North West Australia in Australia and Aipo Rongo in Papua New Guinea
- 10–12** Niassa in Mozambique; Masindi Kitara in Uganda; Langtang & Esan in Nigeria; North Queensland in Australia and Kolhapur in India
- 13–15** Natal in South Africa; Kajiado in Kenya; Okigwe & Western Izon in Nigeria; Nova Scotia & Prince Edward Island in Canada and Toungo in Myanma
- 17–19** Kasai in DR Congo; Shyira in Rwanda; Ijumu & Egba West in Nigeria; Liverpool in England and Sambalpur in India
- 20–22** Central Zimbabwe in Zimbabwe; Lango in Uganda; Kebbi in Nigeria; Tamale in Ghana; Sheffield in England and Guadalcanal in Solomon Islands
- 24–26** Saldanha Bay in South Africa; Karamoja in Uganda; Udi & Etsako in Nigeria; Wellington in New Zealand and Yangon in Myanmar
- 27–29** Matabeleland in Zimbabwe; Mount Kenya Central in Kenya; Niger West in Nigeria; Wangaratta in Australia; Clogher in All Ireland and Hpa-An in Myanmar
- 31** Harare in Zimbabwe; Machakos in Kenya; Ogori-Magongo & Ekiti in Nigeria; Southwark in England and Phulbani in India

Final Blessing

**We go into the world, renewed in faith
and refreshed in spirit,
to gladly share the love of God. Amen**

**August 2017 Midday Prayers:
Faith in action - Time for rest**

Monday: God’s pattern of rest

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. *Genesis 2:2*

**For everything there is a season,
a time for every activity under heaven.
A time to work, a time to rest;
a time to receive and be refreshed.**

From the beginning of time, Creator God, you gave us a pattern of work and rest:

We will delight in your work of creation, and rest in the world your Spirit has made.

We will enjoy moments of peace and repose, enhanced by the knowledge of work well done.

We will enrich our leisure time with praise of the one who renews our strength.

**We will find our rest in God alone.
He is the one who restores our souls.
Amen**

Tuesday: Resting in Christ

Jesus said to them, Come away by yourselves to a secluded place and rest a while....They went away in the boat to a secluded place by themselves. *Mark 6:31-32*

**We look to the Lord to cause us to rest.
To lead us to quietness, to enfold us in
his love, to restore our souls.**

We thank you, Lord, for rest and relaxation; for opportunity to withdraw from the busyness of life. We ask also for spiritual refreshment to nurture faith in our souls.

We thank you that you lead us to places of rest, to be refreshed by your loving presence. Where delight in life’s journey can be renewed, and wavering hope restored.

**We will rest in the presence of Christ.
He is the one who restores our souls.
Amen**

Wednesday: Fruitfulness in rest

The kingdom of God is like someone who plants seed in the ground.

Night and day, whether the person is asleep or awake, the seed still grows, but the person does not know how it grows.

Mark 4:26-27

**For everything there is a season,
a time for every activity under heaven.
A time to work, a time to rest;
a time to receive and be refreshed.**

We praise God
that he who neither slumbers nor sleeps
is continually at work in our lives.

We praise God that his Spirit brings forth
growth from the seeds of service that we plant.

In times of rest and repose
we trust in God to bring to fruition
that which we sow in his name.

**We will rest in God alone,
secure in his constant fruitfulness
and never-ending care. Amen**

Thursday: Rest for the weary

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. *Matthew 11:28-30*

**We look to the Lord
to give us rest.
To lead us to quietness,
to enfold us in his love,
to restore our souls.**

When we are weary and burdened,
we look to the Lord to give us rest.
As we trade our loads for his yoke
his tenderness of grace sustains us.

We pray for the weary and burdened;
those worn down by the cares of life.
May hope and strength be renewed
by the gentle grace of God.

**Lord, restore their souls;
give them rest in your presence.
Amen**

Friday: Space to rest

The Lord is my shepherd I shall not be in want.
He makes me lie down in green pastures,
he leads me beside quiet waters,
he restores my soul. *Psalm 23:1-3*

**We look to the Lord
to cause us to rest.
To lead us to quietness,
to enfold us in his love,
to restore our souls.**

In this busy world that we inhabit
grant us space to rest awhile -
by the still waters of your peace,
to hear the whisper of your voice
and feel the warmth of your breeze
within our souls. Grant us space
to rest awhile

John Birch www.faithandworship.com

**We will find our rest in God alone.
He is the one who restores our souls.
Amen**

Saturday: Time for rest

Truly my soul finds rest in God; my salvation comes from him.
Yes, my soul, find rest in God: my hope comes from him. *Psalm 62:1, 5*

**For everything there is a season,
a time for every activity under heaven.
A time to work, a time to rest;
a time to receive and be refreshed**

Loving Lord, we thank you
for your pattern of work and rest:

We pray for all who give of themselves;
selflessly caring for their neighbour
and shining the light of Christ in this world.

May they also know moments of rest and repose;
drawing aside from the demands of the world
to be refreshed in the presence of God.

**May our souls find rest in God alone.
He is the one who restores our hope.
Amen**